

# Easter

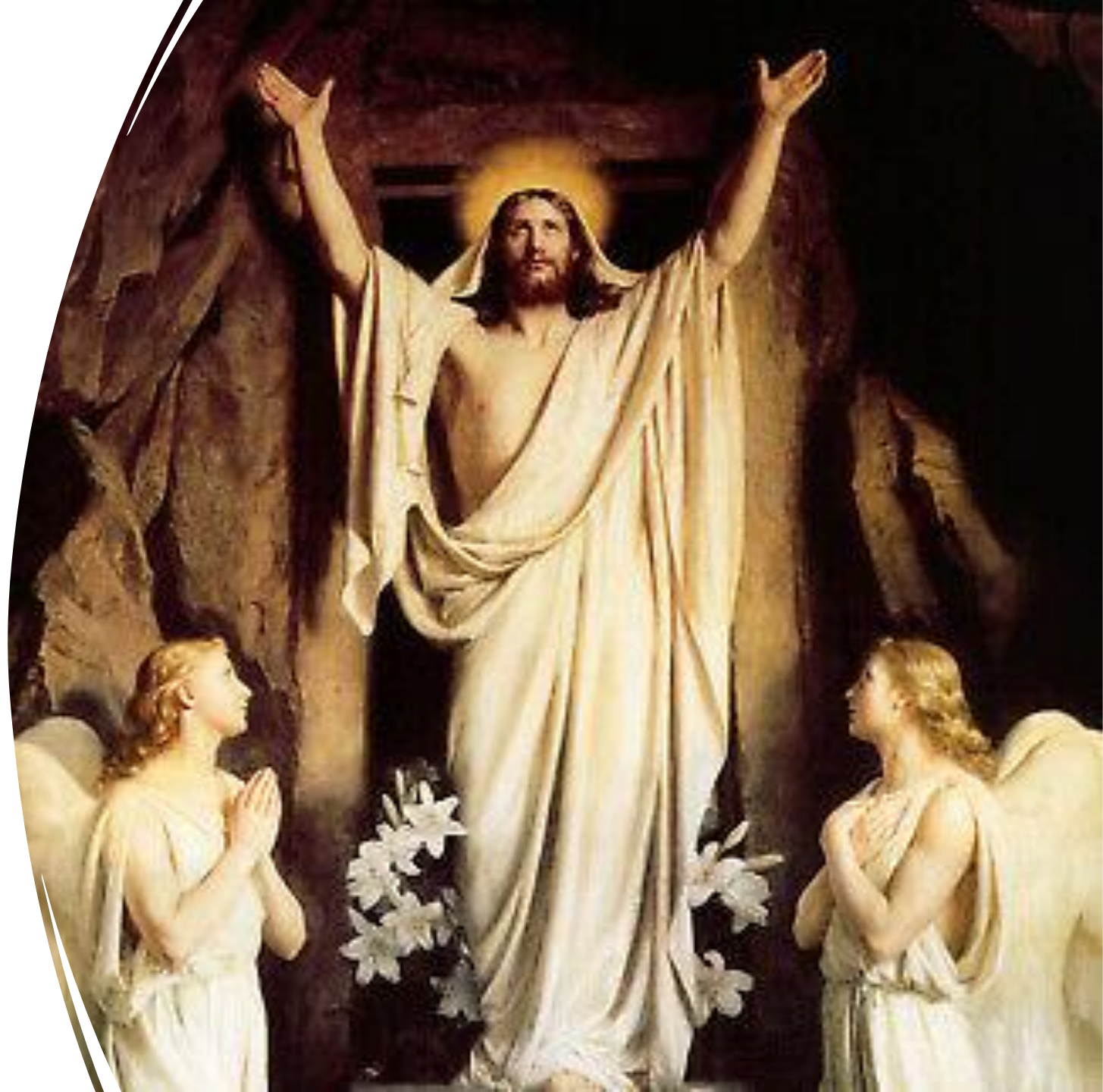


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# Religious history

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- Resurrection of Christ 3 days after his death
- Oldest Christian holiday
- The most important day of the church year



# When?

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Year

Easter Sunday

2022

April 17

2023

April 9

2024

March 31

2025

April 20

# Symbols

- Easter bunny
- Willow-catkins
- Small chicks
- Eggs
- Chocolate
- Spring flowers
- Moss or hay



# Easter week traditionally

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- „Lieldienas” - "The Great Day", "Great Days"
- When the day has become longer than the night for the first time that year



# Easter week traditionally

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- Holy Week:
  - Palm Sunday,
  - Maundy/Green Thursday,
  - Good Friday,
  - Holy/Silent Saturday
- Sunday - first Easter
- Monday of the following week – second Easter





# Native Latvian traditions

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On Easter morning:

- getting up before the rising of the sun,
- washing faces in a spring or a stream running east,
- awaiting the sunrise

In Liv villages - the calling and awakening of birds





# Native Latvian traditions







## Traditional egg coloring ritual



# Easter beliefs

- *If frogs cross the road on Easter, the following summer will be rainy.*
- *The one who eats an egg without salt will have to lie all year round.*
- *To get rosy cheeks, you should eat at least 13 cranberries before the sunrise in Easter morning.*
- *On Green Thursday, nothing should be brought home from the forest or picked in the wild so that insects and reptiles do not come inside home in the summer.*



# Easter beliefs

- *In the Easter morning you should wake up very early – then you'll be energetic and lively all year.*
- *The dreams you see in Easter morning will come true.*
- *If you don't want to have fat legs, you should stand on a rock with bare feet in Easter morning.*
- *Swinging on Easter helps not only with mosquitos, but also with sleepiness.*





Peas with bacon



Easter bread "kuličs"



Pearl porridge - "Koča"



Nettle soup



Soured milk - "rūgušpiens"

# Traditional foods





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